

## NUTRITIONAL Blender



TS200

### INSTRUCTION MANUAL

Please read all of the instructions carefully and retain for future reference.

#### Safety Instructions

When using electrical appliances, basic safety precautions should always be followed. Check that the voltage indicated on the rating plate corresponds with that of the local network before connecting the appliance to the mains power supply. Children aged from 8 years and people with reduced physical, sensory or mental capabilities or lack of experience and knowledge can use this appliance, only if they have been given supervision or instruction concerning use of the appliance in a safe way and understand the hazards involved. Children should be supervised to ensure that they do not play with the appliance. Unless they are older than 8 and supervised, children should not perform cleaning or user maintenance. This appliance is not a toy. This appliance contains no user serviceable parts. If the power supply cord, plug or any part of the appliance is malfunctioning, or if the appliance has been dropped or damaged, only a qualified electrician should carry out repairs. Improper repairs may place the user at risk of harm. Keep the appliance and its power supply cord out of reach of children. Keep the appliance and its power supply cord away from heat or sharp edges that could cause damage. Keep the appliance away from heat emitting appliances. Keep hands, fingers, hair and any loose clothing away from the rotating tools of the appliance. Do not touch any moving parts on this appliance during use, as this could cause injury. Do not immerse the appliance in water or any other liquid. Do not operate the appliance with wet hands.

4

Do not use broken or loose cutting or rotating blades. Do not overload the appliance: only fill up to the maximum level marked on the appliance as the mixture level may rise during blending. Do not leave the appliance unattended whilst connected to the mains power supply. Do not remove the appliance from the mains power supply by pulling the cord; switch it off and remove the plug by hand. Do not use the appliance for anything other than its intended use. Do not use any accessories other than those supplied. Do not use this appliance outdoors. Do not store the appliance in direct sunlight or in high humidity conditions. Do not move the appliance whilst it is in use. Do not place boiling water or very hot liquid in the appliance. Always unplug the appliance after use and before any cleaning or user maintenance. Use of an extension cord with the appliance is not recommended. This appliance should not be operated by means of an external timer or separate remote control system, other than that supplied with this appliance. This appliance is intended for domestic use only. It should not be used for commercial purposes. **Warning:** Do not touch sharp blades.

5

#### Getting Started

Remove the appliance from the box. Remove any packaging from the appliance. Place the packaging inside the box and either store or dispose of safely.

#### In the Box

- Nutritional Blender base unit
- 6-blade lid attachment
- 1 800 ml blending cup
- 1 1000 ml blending cup
- 1 Seal lid
- 1 Sip lid

#### Features

1000 W – high power offers a faster and more effective juice extraction. Up to a massive 1 litre – a larger capacity allows for more healthy fruit, vegetables and superfoods to be packed into your juices and smoothies. The unique multipurpose blade design enables maximum vitamin and nutrient release, whilst still being able to effectively chop and crush ice.

6

#### Description of Parts



7

#### Introduction

The Nutritional Blender is versatile and compact, making it perfect for those on the go. It makes light work of crushing ice, chopping and blending as well as nutrient and vitamin extraction. With 1000W power, the Nutritional Blender is quick and powerful, meaning that delicious drinks can be made even smoother and faster.

#### Instructions for Use

##### Before First Use

Before using the Nutritional Blender for the first time, wash all of the accessories in warm, soapy water, then rinse and dry thoroughly. Wipe the Nutritional Blender base unit with a soft, damp cloth and allow to dry thoroughly. Do not immerse the Nutritional Blender base unit in water or any other liquid. **Note:** When using the Nutritional Blender for the first time, a slight odour may be emitted. This is normal and will soon subside. Ensure that there is sufficient ventilation around the Nutritional Blender.

##### Using the Nutritional Blender

Ensure that the Nutritional Blender is unplugged from the mains power supply. Place the Nutritional Blender base unit onto a flat, stable surface, at a height which is comfortable for the user. Place the ingredients into the desired blending cup, ensuring that they do not exceed the maximum fill mark. Pour a small amount of liquid into the blending cup; this will help to blend the ingredients. Secure the six-blade lid attachment onto the blending cup by twisting it in a clockwise direction. Plug in and switch on the Nutritional Blender at the mains power supply. To pulse blend the ingredients, invert the blending cup so that the six-blade lid attachment is facing downwards, align the three tabs with the corresponding slots in the Nutritional Blender base unit and then push it down. For a continuous blend, press the blending cup down and twist it in a clockwise direction to lock it into position. To stop blending, twist the blending cup in an anticlockwise direction and lift it up and away from the Nutritional Blender base unit. Switch off and unplug the Nutritional Blender from the mains power supply. Remove the six-blade lid attachment by twisting it in an anticlockwise direction and then replace it with either the easy-drink lid or storage lid as required. **Note:** Ensure that the lid is securely fitted before use. **Note:** To prevent the Nutritional Blender from overheating, do not blend dry ingredients for more than 30 seconds at a time. **Note:** If the blades are not running smoothly, stop the Nutritional Blender and carefully remove the six-blade lid attachment. Add a small amount of cold liquid or reduce the quantity of the ingredients in the blending cup. **Note:** When mixing liquid, use a tall container or blend small quantities at a time to reduce spillage, splattering and the possibility of injury from scalding.

8

**Warning:** Do not blend warm or hot liquid or food, as this may cause a pressure build-up, which could cause serious injury. **Warning:** Do not exceed the maximum fill mark when adding ingredients to the blending cup, as this could cause spillage and may damage the Nutritional Blender. **Warning:** Do not blend for long periods of time. **Warning:** Maximum operation time is 3 minutes. Allow to cool for 1 minute before using the Nutritional Blender again. **Warning:** Do not use if the blending cup is cracked or broken. **Warning:** Do not operate the Nutritional Blender when the blending cup is empty. **Caution:** Take care when handling the six-blade lid attachment, as the blades may get hot during use. **Caution:** If blending warm ingredients, take care when removing the six-blade lid attachment, as there may be a pressure build-up from blending, which could cause the ingredients to eject from the lid.

#### Handy Hint

If the ingredients do not blend evenly, remove the blending cup from the Nutritional Blender base unit. Shake the blending cup to redistribute the ingredients and then blend once more.

#### Suggested Uses for the Blending cups

Purpose	Suggested Blending cup	Type of Food
Chopping	800 ml	Nuts
	1000 ml	Chocolate
Grating	800 ml	Cheese
		Bread crumbs
Mixing	800 ml	Batter
	1000 ml	Dips
Sauces	800 ml	Vinaigrettes
	1000 ml	Salad dressings Simple sauces
Frozen Blending	800 ml	Ice
	1000 ml	Frozen fruit Ice cream
Nutrient Juices/Smoothies	800 ml	
	1000 ml	

9

#### Care and Maintenance

Always ensure that the Nutritional Blender is unplugged from the mains power supply before performing any cleaning or user maintenance. Wash all of the parts, except the Nutritional Blender base unit and the six-blade lid attachment in warm, soapy water, then rinse and dry thoroughly. Using extreme caution, clean the blades with a brush and dry carefully. Wipe the Nutritional Blender base unit with a soft, damp cloth and allow to dry thoroughly. Never immerse the Nutritional Blender base unit in water or any other liquid. Do not use harsh or abrasive scourers to clean the Nutritional Blender, as this could cause damage. The Nutritional Blender is not suitable for use in a dishwasher. **Warning:** Handle the six-blade lid attachment with care, as the blades are extremely sharp. Exercise caution when cleaning. **Storage** Reassemble the Nutritional Blender before storing. Ensure that the Nutritional Blender is cool, clean and dry. Store in a cool, dry place.

#### Specification

Operating voltage: 220-240 V ~ 50 Hz  
Power: 1000 W

10

#### Troubleshooting

Symptom	Possible Cause	Solution
The Nutritional Blender will not operate.	The Nutritional Blender is not connected to the mains power supply. The six-blade lid attachment is not correctly secured to the blending cup.	Plug in and switch on the Nutritional Blender at the mains power supply. Ensuring that the threads are correctly aligned, twist the six-blade lid attachment in a clockwise direction until it is secure.
The required lid will not secure to the blending cup.		Position the blending cup on a level surface and attach the required lid to the top of the blending cup, ensuring that the threads are correctly aligned. Twist the required lid in a clockwise direction until it is secure.
The drink still contains lumps.	There are too many ingredients in the blending cup.	Reduce the amount of ingredients in the blending cup.
The drink is watery and lacking flavour.	The ingredients have been overblended.	Use the Nutritional Blender to pulse blend ingredients in short bursts for the best results.
Ice will not crush properly and produces ice dust instead.		For the best results, use ice straight from the freezer.
The blending cup is leaking.	The required lid is not correctly secured to the blending cup.	Ensuring that the threads are correctly aligned, twist the required lid in a clockwise direction until it is secure.
The ingredients do not blend well.		Use the Nutritional Blender to pulse blend ingredients in short bursts for the best results. For frozen ingredients, pulse blend in short bursts of approximately 2-5 seconds.

11